

not remove, like the Logitech Harmony 525 Advanced (£39.99 on Amazon), that you can programme to control all your devices. Or get the remote tidy pictured above for £12.50 (www.designgmyworld.net, 0844 884 2340).

Symphony 1 that smart automation on two of the other walls. Floor and woodwork have been painted with an off-white gloss, Grey Steel 4 (£14.49 for 1L). Some classy grey bedlinen keeps the scheme clean.

A bright yellow gives the bedroom a period feel

Kites £99 and is available from Amazon and Comet (0844 471 2755).



The Zara sofa, £466.65, from B&Q and the Homebase chair, £234.99

Your matching sofa and chair are so suite for my room

➤ A FEW weeks ago you published a photo of a sitting room showing a two-seater settee and a chair to match. Please tell me where I can get them. - Mrs B Batham, Wolverhampton

➤ ZENA SAYS: The Zara sofa and armchair, from B&Q (www.diy.com), cost £466.65 and £381.64 in the sale. Homebase (www.homebase.co.uk, 0845 600 2420) have similar for £299.99 for the sofa and £224.99 for the armchair.

How can we keep out the chills and save Mum's bills?

➤ MY mother is 91 years old, virtually housebound and has just one storage heater as the only source of "fixed" heating in her house. But this has recently given up the ghost. Before Christmas you arranged for a senior citizen to have a phone consultation and free heater from Dimplex. Does my mother qualify for similar? - Clive Williams, by email

➤ ZENA SAYS: As a one-off we arranged for Christmas gifts for every letter we published in our December 20 issue. However, we reckon your mother probably qualifies for some grants and payments from the Government. All over-80s qualify for £400 in winter fuel payments, and the Government will often add another £25 in periods of extreme cold. She should be getting this with her pension but



Heating grants are available

you can check by calling 0845 915 1515.

She may also be eligible for grants and benefits towards insulating her home, making repairs and improving her heating system. Call 0800 33 66 99 for details.

Finally, when Dimplex heard of your mother's situation, they kindly agreed to offer her a free phone consultation and storage heater.



My teen dreams of cream bed scheme

➤ MY 13-year-old daughter has a pink metal bed but she now wants something a little bit more grown-up. I'm a bit reluctant to buy a new bed as her old one is only a year old. Is there anything that I can use on the bed to change the colour? She'd like cream or black. - Pauline Cook, Keelby, Lincs

➤ ZENA SAYS: Plasti-kote Super Spray paint is what you need. It's available in matt, satin and gloss. Make sure the frame is clean and dry, then apply two or three fine coats. Allow 5-10 minutes between coats. A 400ml can costs £5.49 (www.plasti-kote.com, 01223 836400).



Try this smoked glass Vision saucepan

Help me keep a tight lid on my favourite cookware

➤ APPROXIMATELY 20 years ago I bought a set of three Vision Corningware saucepans. Unfortunately I have broken the lid of the small saucepan. Do you know where I can buy either a lid or the saucepan complete with lid? - Mrs Pamela Marshall, by email

➤ ZENA SAYS: Vision is the smoked glass range and Corning is the clear. You can buy a Corning lid for £3.99 from www.worldkitchen.co.uk (020 8795 5712). They also sell the Vision range but not the lids separately.

Blinding solution to my friend's problem

➤ MY friend would like roller blinds for her kitchen that feature cups, saucers, saucepans, kitchen things etc. Can you help? - I. Cleaver, Chartham, Kent

➤ ZENA SAYS: Have you thought about having your own image digitally printed on to a roller blind? That way your friend can get exactly what she wants. Many companies do this nowadays, for example www.web-blinds.com

All she has to do is visit the site, upload the image of her choice with measurements and the blind will be made in just 10 days. Prices start at £143.50.



Choose the images of your choice for a personal roller blind